

Ms. Smarty-Plants



Happy Birthday Ms. Smarty-Plants™!
Tortoise Exhibit - Now Open!
Summer of Sustainability



OUR MISSION

To inspire positive change in the living environment through the conservation of water and other natural resources.

BOARD OF DIRECTORS 2018

President

Harold Bailey

Vice President

Peggy Matarese

Secretary

Bonnie Scott

Treasurer

Mora de Murguía

Tom Allingham

Joel Cloud, Jr.

Leah McIvor

Cindy Miles

Cheryl Minshew

Patrick Pilz

Jan Tubiolo

DeAna Verbeke

(ex officio JPA Representative)

Ed Woodruff

(ex officio Docent President)

STAFF

Executive Director

Elyssa Robertson

Director of Operations & Programs

Pam Meisner

Director of Horticulture & Facilities

Paul Redeker

Director of Marketing & Development

Diane Owens

Devon Bender

Heather Carlton

Mannah Gbeh

Elena Luz Gomez

Lauren Magnuson

Megan McCurdy

Robert Metler

Jillian Quint

Lauren Gagliano Saline

InBloom Production

inBloom is published quarterly by The Water Conservation Garden and mailed as a benefit to members. Content and photos by Garden staff, docents, and volunteers unless otherwise noted.

Cover Photo: Happy Birthday Ms. Smarty-Plants

Photographer: Lauren Gagliano Saline

Designer: H Street Design Studio

Printer: Neyenesch Printing

message from the **EXECUTIVE DIRECTOR**

*"Individually, we are one drop.
Together, we are an ocean."*

- Ryunosuke Satoro, Japanese Poet



Tiny Changes = Big Impact

The average American generates 4.4 pounds of trash daily. This results in creating over 700,000 tons of trash every day in the U.S.! It's hard to deny these are devastating numbers. And yet, we are constantly being bombarded with ads for increased consumerism and convenience. **DON'T LOSE HOPE!** You may be surprised at the ripple effect that a small adjustment in habit or lifestyle can have.

The Garden is here to help, and we invite you to join us in making the tiny changes that result in big impacts. As it turns out, you may already be doing some of the most effective things to divert waste! Swapping out single-use plastic products for more durable, re-usable items is a great way to accomplish this and can enhance your life in many ways you might not expect. Your local coffee shop is happy to refill your re-usable mug. And of course planting a low water-use veggie garden offers a multi-layered (and delicious) way to minimize your carbon footprint. To learn more, stop by The Garden and check-out the resources from our friends at ILoveaCleanSanDiego.org and SolanaCenter.org.

When in doubt, remember the 4 R's of sustainability: **Reduce, Reuse, Recycle, REPEAT!**

In addition to your own actions at home, supporting The Garden goes a long way to engaging the community on the importance of sustainability. Just as small habit shifts done by millions of individuals can create a huge wave of change, your membership is more than just a drop in the bucket to us. Membership to The Garden not only sustains the plants and people who make it happen but also reaches the greater community through programming and exhibits, influencing new sustainable habits on a large level.

The following are agencies that constitute the Joint Powers Authority (JPA) that owns The Garden and provides major funding:



The Garden is managed by The Friends of The Water Conservation Garden, a nonprofit organization, tax ID no. 20-4395919.

HOURS The Garden is open daily from 9:00 am to 4:00 pm (except for major holidays). See the "Plan Your Visit" page at www.theGarden.org for more information.
THE GARDEN WILL BE CLOSED ON THE FOLLOWING HOLIDAYS THIS SUMMER:
Fourth of July (Wednesday, July 4)



Get Social With Us!

Keep up with the latest on news, events and more!



New Exhibit

THE JEAN IMMANSHUE DESERT TORTOISE GARDEN NOW OPEN!

This Spring, The Garden welcomed three desert tortoises from long-time Garden supporter Jean Immanshue. The tortoises have been settling into their new habitat nicely and are a wonderful addition to The Garden family. Visitors and Garden members will be able to enjoy their presence for many many years to come. Stop by and say hi to nature's best water conservationist!

Photo by Lauren Gagliano Saline

JUNE

19 Wags & Wine

Tuesday, June 19 | 5 – 7pm

A special evening stroll just for you and your furry friend, well *wine* not? The Garden will be open late for you to enjoy a walk amongst our beautiful plants and trees with your pooch, while sipping a glass of wine. Cool treats and activities are a must for your canine companion! *Bring your own wine glass.*

\$8 per person. To register, please visit thegarden.org/events/junewagsandwine



23 Plant Paparazzi: Superb Smartphone Pics

Saturday, June 23 | 9 – 11am

This hands-on class will take you beyond the basics of iPhone photography. Docent Sally Long provides tips and instruction to capture stunning photographs with any smartphone camera.

Members Free, Non-Members \$10

Photo by Sally Long



27 Sips & Succulents Tour

Wednesday, June 27 | 6 – 7pm

Enjoy a summer evening garden tour. Docents Kathryn and Carol, will share their favorite tips for gardening and design with succulents. Go Green and bring your own glass to fill with wine and maybe even plants!

All materials included.

Members \$10, Non-Members \$15



JULY

18 Garden Docent Training

FREE!

Wednesday, July 18 | 4 – 8pm

Wednesday, July 25 | 4 – 8pm

Have fun in The Garden and meet wonderful, like-minded people. Docents help our plants and programs grow! There are many ways to be involved. To register for the two day training, contact Pam Meisner, Director of Operations and Programs, pam@thegarden.org or 619-660-0614 x13.

FREE, with materials fee.

28 Garden Bathing

NEW

Saturday, July 28 | 10 – 11:30am

A walk in nature can boost immunity and mood. Join Lynn “Doc” Nelson, Ph.D. on a tour of The Garden, as seen through the science of mind, body and plants. Inspired by the Japanese “Forest Bathing” movement.

Members FREE, Non-Members \$10

22 Dogs and Donuts

Sunday, July 22 | 8 – 10am

Do something fun and different on a Sunday morning and come by The Garden with your favorite pooch! Enjoy coffee and donuts on a peaceful summer morning while exploring beautiful gardens and discovering quiet nooks in which to find a mindful moment.

\$5 per person. To register, please visit: garden.org/events/dogsanddonuts



ONGOING PROGRAMS

FREE First Saturday Tours
Docent-led Garden Tour at 10am

FREE Special Access Tour
Advanced reservation required, call 619-660-0614 x16

Professional Landscape Design Consultations

Call 619-660-0614 x10 for appointment availability, designer information and reservations. Members \$60, Non-members \$75



School Tours and Assembly Program

To book an educational program for your class, visit www.ms.smartyplants.org

SUMMER CLASSES & EVENTS 2018

Pre-registration is **REQUIRED** for all classes at www.theGarden.org or by calling 619-660-0614 x10



28 Gregory Page Trio Concert

Saturday, July 28 | 6 – 9pm

The Garden is excited to welcome back Gregory Page Trio for a summer concert not to be missed. Gregory will capture your heart with his engaging lyrics and soothing melodies reminiscent of the 1920's sweet jazz era.

Tickets and Information:
thegarden.org/events/gregorypage

Photo by Lauren Gagliano Saline

SAVE THE DATE!

Autumn Fest & Plant Sale
Saturday, November 3

Visit www.theGarden.org for more information.

AUGUST

9 Sign Language in the Sunshine

NEW

Thursday, August 9 | 5– 6pm

Have you ever wanted to learn American Sign Language? This class is for you! Have some fun taking a walk on the wild side with Pam Meisner to learn basic signs for everyday objects and greetings!

Members FREE, Non-Members \$10



10 Solar Cookout

NEW

Friday, August 10 | 6 – 7pm

Solar Oven Cooking is a yummy way to benefit people and the environment by harnessing sunshine. Come for a solar cooking demonstration and dinner party featuring ingredients from ours and other local gardens, plus Boochcraft Kombucha. Menu is non-vegetarian. Seating limited to 10 people.

Member \$20, Non-Member \$25



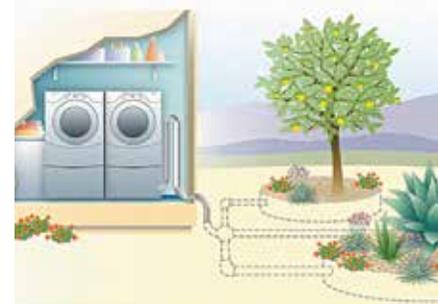
25 Laundry Water for Landscapes

FREE!

Saturday, August 25 | 9:30 – 11am

By diverting laundry water to your landscape, you can reduce your water bill and conserve! Irrigate plants by reusing free, abundant grey water in the garden. Candace Vanderhoff, founder of *RainThanks & Greywater* will cover the do's and don'ts about plants, soap, and the piping needed to install a system. Class made possible by *Integrated Regional Water Management*.

FREE



10 Ms. Smarty-Plants™ years

Photo by David Truesdale



Ms. Smarty-Plants™ Scores a Goal!

Celebrating the 10th Anniversary Year in so many ways. Look who was chosen to be the Community Spotlight recipient by The San Diego Gulls Hockey Team! We even made it up on the Jumbotron!

We had a blast cheering on the home team to a victory over the San Antonio Rampage. Let's Go Gulls!

Photo by Lauren Gagliano Salline



Tortoise Talks

-  Desert tortoises are herbivores (plant-eaters). They like to eat their vegetables!
-  Desert tortoises live in underground burrows (tunnels) that are 3 to 6 feet deep and up to 30 feet long!
-  Desert tortoises spend the winter underground, usually from November to February/March.
-  Desert tortoises can live a long time, 50 to 80 years in the wild!
-  The Desert Tortoise is California's State Reptile!
-  Tortoises are different from turtles because they only live on land and have large claws for digging.

For more information about Ms. Smarty-Plants™ or to donate to The Garden's education programs, visit theGarden.org/learn/ms-smarty-plants.

6 • theGarden.org

Photo by Lauren Magnuson

Smarty-Plants™ -Pick-Up!



This fun game can be played in your backyard, local park, or even at the beach!

HOW TO PLAY

- Collect leaves, sticks, pinecones or shells off the ground. Use your imagination!
- Scatter what you collect all over the ground!
- Find something to use as your start line/finish line. Seaweed works great!
- On the count of 3 collect as many pieces as possible. The person who collects the most pieces and crosses the finish first wins!

READY, SET, GO!

****Want to challenge your older kids? Add some math in for more fun! Ex: The first person to pick up 7 sticks and 4 leaves wins! ****

Wyland National Mayor's Challenge for Water Conservation

The Water Conservation Garden was excited to partner with Fox5 San Diego in April to promote this year's "Wyland National Mayor's Challenge for Water Conservation." This annual, friendly competition is between cities across the US to see who can be the most "water-wise." The Garden teamed with Fox5 San Diego and the Wyland Foundation to urge residents to take the online water pledge to conserve water and help their city win the competition. Participants in the winning cities were eligible to win hundreds of prizes, with a grand prize of a Toyota Rav4 going to the charity with the most votes in the winning city. The results of the competition are posted on The Garden's website. The Garden is the premier organization at the forefront of water conservation efforts in San Diego County, and we look forward to continuing our ongoing conservation education efforts in the community and helping to bring this challenge to San Diego again next year.

Arbor Day in The Garden

The Garden celebrated Arbor Day by hosting members of the Professional Tree Care Association (PTCA) to care for some of the trees throughout the grounds. The talented crews from **Atlas Tree Service**, **West Coast Arborists**, and **Western Tree Service** worked in different locations around The Garden, representing PTCA with professionalism and enthusiasm. Together these experts pruned 15 Date Palms, removed hundreds of pounds of fruit/flower stalks, removed several Eucalyptus trees, trimmed several full skirted Fan Palms, removed a leaning Aleppo Pine, and performed structural pruning on some smaller trees. The Garden is so grateful for their hard work!



Affiliate & Corporate Partners

The Water Conservation Garden would like to thank our Corporate Partners and Non-Profit Affiliates. The Garden appreciates all that these organizations do to keep The Garden a beautiful place!



- | | | | |
|---|---------------------------------------|------------------------------------|-----------------------------|
| Backflow Services | Helix Water District | Otay Water district | SDG&E |
| California American Water | Lakeside Garden Club | Padre Dam Municipal Water District | San Dieguito Water District |
| City of Encinitas | La Mesa-Spring Valley School District | Point Loma Credit Union | Sweetwater Authority |
| City of San Diego | Olivenhain Municipal Water district | Rock and Block Hardscape | Village Nurseries |
| County of San Diego | Open Space Management | San Diego Horticultural Society | |
| Grossmont-Cuyamaca Community College District | | | |

New Members Feb-March 2018

- | | | | |
|----------------------------------|-----------------------------|---------------------------|--------------------------|
| Donna Atlas | Michael and Nancy Harrelson | Janet McGinn | Georgia and Blair Sadler |
| Geri Bollman | Joan Helland | Leah McIvor | Linda Sebastian |
| Ken and Kathy Casey | John and Marsha Hildebrand | Lisa Mercier and Jay Lark | Vonnie Switzer |
| Diana Cavagnaro and George Bates | Pate and Diana Jackson | Justin Nemeth | Suzanne Vattuone |
| Terrance and Rachel Daly | Fred and Susan Jacobsen | Belinda Pena | Becky Watson |
| Beverly Dvorak | Wes and Nancy Janssen | Emiley M. Pham | Sara Will |
| David and Connie Goldin | Julie Kahler | Diana Proud-Madruga | Ming Zhou |
| | Jordan and Viviana Kirkham | Erin Ryan | |

Starting with this issue, only new members to the garden will be listed. All donors to The Garden will be acknowledged in The Garden's annual reports.



12122 Cuyamaca College Drive West
El Cajon, CA 92019

Tel: (619) 660-0614
Fax: (619) 660-1687

www.theGarden.org



..... | **Attention Garden Members!** Not sure when you need to renew your membership? |

Look above your name and address to find your renewal date. You can renew your annual membership online at thegarden.org/member or better yet, sign up for automatic renewal so your **Garden membership benefits never stop!**

BECOME A GARDEN MEMBER FOR GREAT BENEFITS!



Membership at The Garden comes with a host of benefits including free classes, free admission to national and international botanical gardens and discounts in The Garden's Water Drop Garden Shoppe and at partner nurseries and garden shops (see list below).

- **Anderson's La Costa** — Encinitas (andersonlacostanursery.com)
- **Barrels & Branches Nursery** — Encinitas (barrelsandbranches.com)
- **Cuyamaca College Dept. of Ornamental Horticulture Nursery** — El Cajon, (cuyamaca.edu/academics/departments/oh/)
- **El Plantio** — Escondido (ElPlantioNursery.com)
- **Gardens by the Sea** — Leucadia (gardensbytheseanursery.com)
- **Hunter's Nursery** — Lemon Grove (huntersnursery.com)
- **Kniffing's Discount Nursery** — El Cajon (kniffingnursery.com)
- **The Madd Potter** — Encinitas (maddpotter.com)
- **Mission Hills Nursery** — San Diego (missionhillsnursery.com)
- **My Rustic Garden** — La Mesa (myrusticgarden.com)
- **Rancho San Diego Nursery** — El Cajon (ranchosandiegonursery.com)
- **Rancho Valhalla Nursery** — El Cajon (ranchovalhallanursery.com)



To become a member, call 619-660-0614 x 10 or visit www.theGarden.org/member.

CONSERVE ENERGY AND REDUCE MONTHLY COSTS WITH SOLAR!



Ask about our **SOLAR LOANS** today!



plcu.com



Roseann Simons
Branch Manager
rsimons@plcu.com
(619) 401-9422

El Cajon Branch 780 Jamacha Rd., El Cajon, CA 92019