

NOURISHED

**Nourished By Nature
Autumn Fest & Plant Sale
Garden Gratitude**

FALL 2018



OUR MISSION

To inspire positive change in the living environment through the conservation of water and other natural resources.

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InBloom Production

inBloom is published quarterly by The Water Conservation Garden and mailed as a benefit to members. Content and photos by Garden staff, docents, and volunteers unless otherwise noted.

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Photographer: Shari Duran

Designer: H Street Design Studio
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message from the **EXECUTIVE DIRECTOR**

"The greatness of a community is most accurately measured by the compassionate actions of its members."

- Coretta Scott King



How can The Garden express our immense gratitude to the multitudes of people who contribute to our plants, programs, and passion for nature? By continuing to be the best at what we do!

We want to pause and give thanks to all the wonderful donors who participated in our Summer Fundraising Campaign, who have made contributions to our growing endowment, to SDG&E and the County of San Diego for continuing to believe in our Garden and our programs. And while this critical funding does keep the lights on, it certainly isn't always about money. We are so incredibly grateful to our volunteers and docents (over 70 and growing!), our interns and of course all the companies who volunteer staff and time to help us with large projects. The Garden is thriving today because of you!

John F. Kennedy once said "As we express our gratitude, we must never forget that the highest appreciation is not to utter words but to live by them." So as we offer a verbal THANK YOU to each and every individual who has supported The Garden, our greatest token of appreciation for you is on display every day. The Garden's gratitude is showcased by our six beautiful acres of lush water-efficient gardens. By providing an oasis of nature in a suburban setting, we hope to create a space for all that is both educational and fun.

All of this is due to an amazing community of hard working, philanthropic friends who keep our mission and vision alive! The Garden truly is a community space, and we invite you to experience the demonstration of our graciousness.

The following are agencies that constitute the Joint Powers Authority (JPA) that owns The Garden and provides major funding:



The Garden is managed by The Friends of The Water Conservation Garden, a nonprofit organization, tax ID no. 20-4395919.

HOURS The Garden is open daily from 9:00 am to 4:00 pm (except for major holidays). See the "Plan Your Visit" page at www.theGarden.org for more information.

THE GARDEN WILL BE CLOSED ON THE FOLLOWING HOLIDAYS THIS FALL:
Labor Day (Monday September 3), Thanksgiving Day (Thursday November 22)



Get Social With Us!

Keep up with the latest on news, events and more!

Lantana
Lantana camara 'Gold Mound'

Nourished By Nature

For many years The Garden has provided visitors a palette of beautiful drought tolerant plants to incorporate into their landscapes, fulfilling the mantra “*More Beauty, Less Water*”. But our relationship with plants goes way beyond aesthetics. By digging a little deeper, we discover that the flora around us is essential to our existence. From cleaning the air and producing oxygen, to providing nutrition and medicinal benefits, plants are our allies. In this series, we will journey deeper into the connection we have with plants, using species in The Garden as inspiration while employing ancient wisdoms and modern modalities as our guides. Join us!

Around the corner, just past the new Ms. Smarty-Plants™ Cottages you will find **Lantana camara** on the bank on the left. Lantana is believed to be beneficial for treating

cancer, chicken pox, and measles to name a few. *Lantana camara* is also known to be toxic to livestock and has insecticidal qualities. That’s a big red flag and brings up an important caveat: many plants that have helpful elements can also be contra-indicated for human use, especially if not extracted correctly or used in the proper dosage. I wouldn’t rush out to make tea with this one!

DISCLAIMER: The content of this series is for educational and informational purposes only, and is not intended as medical advice. Please consult with a qualified healthcare professional before acting on any information presented here.

Article by Paul Redeker
Photo by Lauren Gagliano Saline

happenings & **EVENTS**

Autumn Fest & Plant Sale

Saturday, November 3, 10am-3pm,
Special Members-Only Preview Sale: 9-10am

It's "thyme" again for The Garden's annual Plant Sale!
Come visit us to find "unbeLEAFable" deals on all of
your fall favorites.

- * Plant Sales
- * Craft Vendors
- * Gardening Workshops
- * "Ask the Designer" Landscape Consultations
(Call to reserve your spot: 619-660-0614 x10)
- * Refreshments Available
- * Kids Activities
- * Free Parking & So Much More!

Admission:

Ages 3-11: \$3

Ages 12 & up: \$5

Members & Kids under 2: FREE





Garden Shoppe Holiday Sale

Saturday, December 1, 9am-4pm

Join us for a Jolly Holiday in the Garden Shoppe the first Saturday in December to celebrate your loved ones with unique garden-inspired treasures they will love. With special discounts given only during this sale, you're sure to find yourself feeling the warm and fuzzies of the season! There will be door prizes, yummy holiday treats and drawings for incredible gift baskets too. You won't want to miss this!

The Water Conservation Garden
presents

Ms. Smarty-Plants™ Goes

BATTIME

**DUE TO GARDEN IMPROVEMENTS,
MS. SMARTY-PLANTS™ IS FLYING TO
OUR PARTNER GROSSMONT CENTER FOR
A SPOOKY GOOD TIME ON OCTOBER 31 AT 3PM!**



FALL 2018 CLASSES & EVENTS

Pre-registration is **REQUIRED** for all classes at www.theGarden.org or by calling 619-660-0614 x10. Day-of walk-ins will be charged an additional fee. Classes are geared toward adults. Youth ages 12 and over are welcome to participate with supervision.

MONTHLY SERIES

Garden Yoga

17 & 15 & 19

September October November

Monday, September 17 | 8:30 – 9:30am

Monday, October 15 | 8:30 – 9:30am

Monday, November 19 | 8:30 – 9:30am

Mat poses, chair exercises, meditation, and smiles in every class with Jackie Gadd, Accessible Yoga Ambassador. For all levels/abilities.

Jackie utilizes an eclectic yoga blend of styles, from traditional Hatha to Iyengar, Anusara, Yin, Vinyasa, Restorative, and more. She believes her yoga “coaching” is body-positive, approachable, adaptable, and enjoyable! Participants can expect an emphasis on yogic breathing with instruction on pose alignment for best practice, and plenty of time in savasana to round out the class experience.

Bring your own mat.
Ages 18+
(If Silver Sneakers/Tivity Prime bring ID)
Members \$8, Non-Members \$12



BECOME A GARDEN MEMBER FOR GREAT BENEFITS!

Membership at The Garden comes with a host of benefits including free classes, free admission to national and international botanical gardens and discounts in The Garden’s Water Drop Garden Shoppe and at partner nurseries and garden shops. To become a member, call 619-660-0614 x10 or visit www.theGarden.org/member.

SEPTEMBER

22 Your Vegetable Garden

Saturday, Sep. 22 | 10am – 12pm

Catch great tips for growing delicious vegetables this season from Brijette Peña, founder of *San Diego Seed Company*. Plant your own tray of cool season crops to take home.

Members Free, Non-Members \$10



23 Garden Docent Training

& Sundays, Sep. 23 & 30 | 12 – 4pm

Volunteer to help our plants and programs grow! There are many ways to be involved and meet wonderful people. To register for the two day training, contact Pam Meisner, Director of Programs, pam@thegarden.org, 619-660-0614 x13.

FREE!

26 Sips & Succulents Tour

Wednesday, Sep. 26 | 6 – 7pm

An evening tour filled with wine and favorite tips for succulent success. Bring your own glass for us to fill with wine or even plants! *All materials included.*

Members \$12, Non-Members \$18

29 Using Rainwater & Greywater

Saturday, Sep. 29 | 10am – 12pm

Brook Sarson of *CatchingH2O/H2OME* helps you maximize water conservation in your garden using simple, integrated rainwater and greywater techniques. Class made possible by *Integrated Regional Water Management*.

FREE!



***SIGN UP NOW** for your one-on-one Water System Design Consultations with Brook, immediately following class. See website for details and registration.

FALL 2018 CLASSES & EVENTS

Pre-registration is **REQUIRED** for all classes at www.theGarden.org or by calling 619-660-0614 x10. Day-of walk-ins will be charged an additional fee. Classes are geared toward adults. Youth ages 12 and over are welcome to participate with supervision.



OCTOBER

13 Specialty Tour: Colors of the Garden

Saturday, Oct. 13 | 10 – 11:30am

Docent Rosalie Dosik, professional artist, teacher and avid gardener, leads you on a Garden tour that highlights color theory examples. Learn to choose the best palette for plants, hardscape, and accessories in your outdoor spaces.

Members \$5, Non-Members \$10



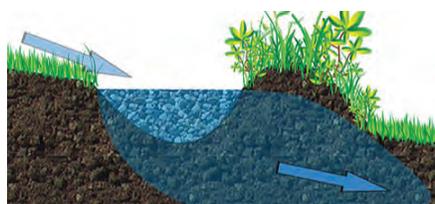
Photo by Shari Duran

20 Water Planting

Saturday, Oct. 20 | 10 – 11:30am

FREE!

Regenerate your landscape by 'planting water' and growing healthy soil! Eric Saline of *CommuniTree Gardens* shares techniques and strategies that can be used on any scale to modify land contour, plant sustainably, and harvest water. Class made possible by *The San Diego County Watershed Protection Program*.



***SIGN UP NOW** for your one-on-one Landscape Design Consultation with Eric, immediately following class. To register call 619-660-0614 x10.

ONGOING PROGRAMS

FREE First Saturday Tours

Docent-led Garden Tour at 10am

FREE Special Access Tour

Advanced reservation required, call 619-660-0614 x16

Professional Landscape Design Consultations

Call 619-660-0614 x10 for appointment availability, designer information and reservations. Members \$60, Non-members \$75



School Tours and Assembly Program

To book an educational program for your class, visit www.MsSmartyPlants.org

NOVEMBER

10 Plant Paparazzi! Basic iPhone Pics

Saturday, Nov. 10 | 9 – 11am

Take better photos with your smart phone! Docent Instructor Sally Long leads this popular, interactive class on mastering the basics, along with awesome tricks to properly frame your shot, quickly access camera apps, essential in-camera features, and much more.

Members Free, Non-Members \$10



Photo by Nancy Campadoras

17 Plant It and They Will Come!

Saturday, Nov. 17 | 10am – 12pm

NEW

Welcome bird and butterfly visitors to your home garden! Join *Moosa Creek Nursery* professionals to create beautiful California native habitats. Plant selection, design, installation, and maintenance will be covered during class and Garden walk.

Members \$5, Non-Members \$10



FREE Backyard Composting Workshop

Saturday, Nov. 17 | 10am – 12pm

FREE!

Learn the basics of backyard composting and composting with worms. Class is made possible by the *County of San Diego*, presented by *Solana Center for Environmental Innovation*. Register online at www.solanacenter.org or call (760) 436-7986 ext. 700.

UPCOMING EVENTS

Autumn Fest & Plant Sale

Saturday, November 3, 10am – 3pm

Special Members-Only Preview Sale: 9 – 10am

Garden Shoppe Holiday Sale

Saturday, December 1, 9am – 4pm

Visit www.theGarden.org for more information about these programs.



BE WISE's Night at The Museum, Day at The Garden

What an unforgettable science sleepover! Co-hosted by The Garden and Heritage of the Americas Museum as part of the Fleet Science Center's incredible program for young girls, **BE WISE** (*Better Education for Women in Science and Engineering*). Girls in grades 7 and 8 explored their interest in science, met women with careers in science, and stayed up plenty late socializing!

Founder of Ms. Smarty-Plants™ Pam Meisner spoke about her career experiences in various areas of science and education. She encouraged the girls to follow their passion on a sometimes winding and always worthwhile path!

"Science is fun. Science is curiosity. We all have natural curiosity."

- Sally Ride

(engineer, physicist, NASA astronaut)

Internship Opportunities this Fall!

Share your love of nature!

Lead kid's garden tours and more....

Application online www.mssmartyplants.org/volunteer

Teachers!

Book your school Field Trip or Assembly

www.MsSmartyPlants.org

Wow SCIENCE is so cool! Did you know...



The average time it takes for plastic to decompose is 450 years. Glass takes 4,000 years!

How did I know that? Science!



The earth has over 80,000 species (different kinds) of edible plants. We only eat about 30 varieties.

How did I know that? Science!



There are about 8.7 million unique species living on the earth! Of these, 2.2 million are in the oceans and the rest on land.

How did I know that? Science!



Science gives us superpowers too, like looking across the universe, flying across the Earth or to the moon, and harnessing the energy of the sun.

How did I know that? Yep SCIENCE!

Sources www.momjunction.com www.natgeo.com

Send me a DRAWING!



Send me a drawing of how you are a Ms. Smarty-Plants™ Earth Hero and you might see it at The Garden!

Send your original drawing to:

Ms. Smarty-Plants

The Water Conservation Garden

12122 Cuyamaca College Drive West

El Cajon, CA 92019

Include a signature by your parent or guardian, your name, address, phone number, birthday, and title for your drawing.



Ribbon Cutting for the Ms. Smarty-Plants™ Cottage. Photo by Jay Renard/East County Herald

Ms. Smarty-Plants™ Gets a Cottage!

New Exhibit

This summer The Garden celebrated 10 years of the Ms. Smarty-Plants™ education programs by giving our sassy, Earth-saving redhead a new home! The Ms. Smarty-Plants™ Cottages exhibit, located near the entrance of the Design Loop, demonstrates two ways to incorporate garden structures into a water smart landscape and will also serve as much needed new offices for Garden staff. Stop by and say hello!

A hefty “Thank You” to all who made this possible for The Garden; Ed Woodruff, Jan & Paul Tubiolo, Harold Bailey, Lynn and Diane Nelson, Sonny Tyner, ‘Mr. Smarty-Plants™’ David Truesdale, Maribel Succulents, Sue Ellen Benson, and Richard Wright are just a few of those who contributed.

THANK YOU TO OUR Docents & Volunteers!

No Garden Gratitude list would be complete without heralding our beloved Docents and Volunteers! From compost and succulents to marketing and events, these unsung heroes are dedicated to making The Garden bloom year-round. Week after week, they pour their hearts, brains, and a lot of sweat into the mission and majesty of our acreage. The Garden staff would like to take this opportunity to express our profound appreciation for these amazing people and their continuous service!

The Garden is Growing



Please excuse our dust this fall! The Garden is excited to begin construction on the Samuel M. Ciccati Education Center, a new shade pergola, and an irrigation exhibit featuring storm water, rainwater, and greywater elements. These projects are truly the effort of a great community, and The Garden is incredibly grateful to all of our steadfast partners! Instrumental contributors include the Integrated Regional Water Management Program, City of San Diego, Samuel Ciccati, San Diego County Water Authority, Grossmont Cuyamaca Community College District, Hans & Margaret Doe Charitable Trust, Rice Family Foundation, Fortress Fence, Alliant Consulting, CAFWD, and the Brownstein Hyatt Farber Schreck Law Firm.

The Garden will remain open throughout the process.

partners & **SUPPORTERS**

Welcome New Board Members Bill and Julianna!

BILL KENNEDY AND JULIANNA BARNES join The Garden as new board members for 2018-19!



Bill is a registered professional civil engineer with 45 years of experience in the planning, design, construction and operation of water resources infrastructure in the US and globally. Bill brings a wealth of expertise and accolades in water resource management and beyond.



Dr. Julianna Barnes began her tenure as President of Cuyamaca College in October 2015, bringing more than 27 years of higher education experience to this position. She is a passionate educational leader with a deep commitment to student success and equity.

garden partner **Spotlight**



Kniffing's Discount Nurseries

14940 Oak Creek Road
El Cajon 92021
(619) 561-0611

Open Monday-Saturday
7:00 am to 5:00 pm

www.kniffingsnursery.com

**Garden Member
Discount: 10%**

Kniffing's Nurseries is located on 12 sprawling acres in the Blossom Valley area of El Cajon. The Kniffing family has owned and operated nursery since its founding in 1927, and has been at the current location for the past 32 years.

The staff provides great service, quality products, and possesses a vast knowledge of water-wise plants, shrubs, succulents and trees. In addition, Kniffing's has one of the largest selections of roses and fruit trees in San Diego County. Kniffing's is a nursery you'll come back to again and again.

Don't forget to show your Garden membership card to save an **extra 10% on your entire purchase!**

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Roseann Simons
Branch Manager
rsimons@plcu.com
(619) 401-9422

El Cajon Branch 780 Jamacha Rd., El Cajon, CA 92019

The Garden is a SDG&E Environmental Champion!



The Garden is pleased to announce the receipt of a 2018 Environmental Champions Grant from San Diego Gas & Electric for our Ms. Smarty-Plants™ Cools the Climate!© program. “SDG&E is firmly committed to improving quality of life in the communities that we serve by collaborating with organizations that address community needs in the area of environmental stewardship,” said Morgan Justice Black, Community Relations Manager at SDG&E. Thank you SDG&E for your continued support of our Ms. Smarty-Plants™ program.

Photo courtesy of Jay Renard/East County Herald

Morgan Justice Black (SDG&E) attended the Ms. Smarty-Plants™ 10-year anniversary party to deliver the \$25,000 check, with Pam Meisner.

Affiliate & Corporate Partners

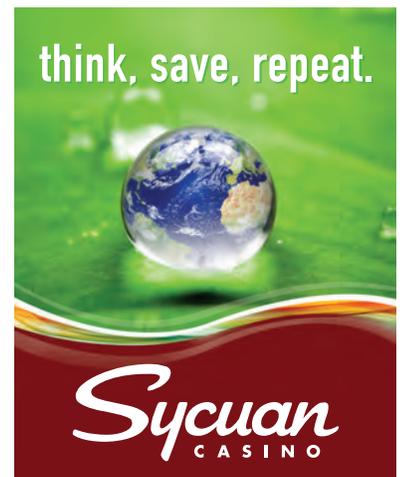
The Water Conservation Garden would like to thank our Corporate Partners and Non-Profit Affiliates. The Garden appreciates all that these organizations do to keep The Garden a beautiful place!



- | | | | |
|---|---------------------------------------|------------------------------------|-----------------------------|
| Backflow Services | Helix Water District | Otay Water District | SDG&E |
| California American Water | Lakeside Garden Club | Padre Dam Municipal Water District | San Dieguito Water District |
| City of Encinitas | La Mesa-Spring Valley School District | Point Loma Credit Union | Sweetwater Authority |
| City of San Diego | Olivenhain Municipal Water District | Rock and Block Hardscape | Village Nurseries |
| County of San Diego | Open Space Management | San Diego Horticultural Society | |
| Grossmont-Cuyamaca Community College District | | | |

New Members April - June 2018

- | | | |
|-----------------------------------|--------------------------|-----------------------------------|
| Elaine Ayers | Karen Hoffman | Martin and Rosalie Mellish |
| Steve Backinoff and Andrew Norton | Rusty James | Karen Miller |
| Thomas Basso | Les and Cecilia Judd | Susan Montague |
| Nancy Bayer | Nataly Juravsky | Monica Padilla |
| Erin Bergman and Josh Zinn | Stephen and Carolyn Kapp | Karen Pechacek |
| Lauren Chin | Randy Kesling | Martin Pujolar and Carol Gallegos |
| Pam Deloura | Linda Kler Family | Linda Robison |
| Kimberly Dodson | Quirina Kryger | Shailla Serpas |
| M. Jane Erickson | George and Mary Larson | Patricia Setler |
| Karen Fenstermacher | Diana Long | Jane Signaigo-Cox |
| Craig and Carol Ghio | Mark Long | Patricia Spear |
| Jill Girand | Larry and Beth Lyford | Jean Stanzick |
| RoseAnne Goodrow | Cary and Linda Marshall | Myrna Walters |
| Kathleen and John Hartshorne | Paul and Laura Martin | Bob and Mary Zuloski |





12122 Cuyamaca College Drive West
El Cajon, CA 92019

Tel: (619) 660-0614
Fax: (619) 660-1687

www.theGarden.org

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..... | **Attention Garden Members!** Not sure when you need to renew your membership? |

Look above your name and address to find your renewal date. You can renew your annual membership online at thegarden.org/member or better yet, sign up for automatic renewal so your **Garden membership benefits never stop!**

BECOME A GARDEN MEMBER FOR GREAT BENEFITS!



Membership at The Garden comes with a host of benefits including:

- Free and discounted classes, workshops and events
- Free admission to over 300 national and international botanical gardens
- Discounts in The Garden's Water Drop Garden Shoppe
- Invitations to special members-only events
- Discounts at local partner nurseries and garden shops (see list below)

- **Anderson's La Costa** — Encinitas (andersonlacostanursery.com)
- **Barrels & Branches Nursery** — Encinitas (barrelsandbranches.com)
- **Cuyamaca College Dept. of Ornamental Horticulture Nursery** — El Cajon, (cuyamaca.edu/academics/departments/oh/)
- **El Plantio** — Escondido (ElPlantioNursery.com)
- **Gardens by the Sea** — Leucadia (gardensbytheseanursery.com)
- **Hunter's Nursery** — Lemon Grove (huntersnursery.com)
- **Kniffing's Discount Nursery** — El Cajon (kniffingnursery.com)
- **The Madd Potter** — Encinitas (maddpotter.com)
- **Mission Hills Nursery** — San Diego (missionhillsnursery.com)
- **Rancho San Diego Nursery** — El Cajon (ranchosandiegonursery.com)
- **Rancho Valhalla Nursery** — El Cajon (ranchovalhallanursery.com)



To become a member, call 619-660-0614 x 10 or visit www.theGarden.org/member.



Barona is committed to supporting those in need and dedicated to improving the world around us.

Barona proudly supports the Water Conservation Garden.



www.barona-nsn.gov