

# MONAMI

THE <sup>1</sup>  
water conserving  
garden  
theGarden.org

If You Plant Them,  
They Will Come

Ms. Smarty-Plants™  
Goes Batty

Thank you  
Perennial Party

FALL 2023





#### OUR MISSION

The mission of The Water Conservation Garden is to educate and inspire through excellent exhibits and programs that promote water conservation and the sustainable use of related natural resources.

#### FRIENDS OF THE WATER CONSERVATION GARDEN BOARD OF DIRECTORS

##### President

Dr. Michael Hager, Ph.D.

##### 1st Vice President

Chris Coughlan

##### 2nd Vice President

Ed Woodruff

##### Secretary

Dr. Jessica Robinson, MSW

##### Treasurer

Cameron Stewart

##### Immediate Past Board President

Patrick Pilz

Liza Alia  
Kathleen Brand  
Arleene Estrada  
Lindsey Langford

Angie Lasagna  
Pamela Ross  
DeAna Verbeke

Mark Robak, JPA Designate

##### EMERITUS STATUS

Cheryl Minshew  
Harold Bailey  
Jan Tubiolo

Richard Wright  
Tom Allingham

#### STAFF

##### Executive Director

Jennifer Pillsbury

##### Director of Education Programs & Outreach

Pam Meisner

##### Director of Operations

Sam Miller

##### Director of Development & Memberships

Janelle Wallace

Sophia Albee  
Jenny Bauman  
Amy Bennett  
Angelina Byrd  
Sophia Cervantes  
Leticia Chavarria  
Ria Custodio  
Lisa Griffiths  
Heather Hayes-Haigh  
Jocelyn Herrera

Amelia Knezevich  
Lauren Magnuson  
Juliana Meirelles  
Leilani Sinicin  
Mitch Miller  
Hannah Palmer  
Luke Pillsbury  
Paul Redeker  
Tim Townsley

#### InBloom Production

InBloom is published quarterly by  
*The Water Conservation Garden*  
and is provided as a benefit to members.  
Content and photos by Garden staff,  
and Docents/Volunteers unless otherwise noted.

Cover Photo: Sally Long

Managing Editor & Designer: Ria Custodio

Printer: Neyenesch Printing



WaterConservationGarden



TheWaterConservationGarden



WCGarden



ConservationGarden

## message from the EXECUTIVE DIRECTOR

### FALL IS SUCH A BEAUTIFUL TIME OF YEAR AT THE GARDEN, AND A PERFECT TIME FOR PLANTING IN YOUR OWN SPACE.

The heat is waning, but the soil is still warm. There are just three steps to consider in planting a fall garden: when to plant, what to plant, and where to plant. The Garden is your resource to get started! Fall is a wonderful time to change out your veggie garden, stop by The Garden to see what has been newly planted in our multi-generational veggie garden.

Be sure to check out our many classes on Water Wise Planting or Landscape Design Consultations for your larger projects. The Water Conservation Garden is an extension of your own backyard and an excellent resource for all your planting and water saving needs. So, grab a neighbor and come enjoy this new season with a friend strolling the beautiful and inspiring trails The Garden has to offer.

#### Jennifer Pillsbury

Executive Director/CEO

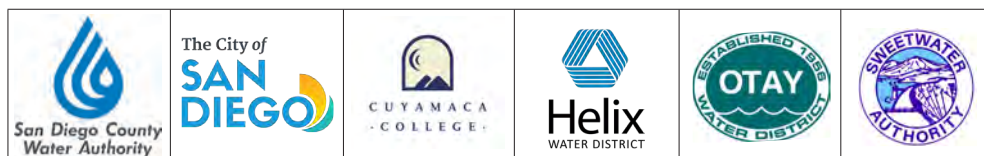


“Love the trees until their leaves fall off, then encourage them to try again next year.” — Chad Sugg

### Interested in joining a Non-profit Board of Directors?

We are actively recruiting new members (active business professionals and retirees) who are connected in the community with board experience and passionate about philanthropy. Visit [TheGarden.org/board](http://TheGarden.org/board) for more information.

### The following are agencies that constitute the Joint Powers of Authority (JPA) that owns The Garden and provides major funding:



The Garden is managed by The Friends of The Water Conservation Garden, a 501(c)3 nonprofit organization, tax ID no. 20-4395919.

#### Hours of Operation

##### THE WATER CONSERVATION GARDEN

Open 9:00am-4:00pm, six days a week  
Closed MONDAYS  
Open late THURSDAYS 6:00pm

The Garden is FREE and opened to the public the 2nd Friday of every month!

##### ADMISSIONS

Last admission to The Garden is 3:15pm  
Thursdays last admission is 5:15pm

##### HOLIDAYS AT THE GARDEN

##### Please note The Garden will be closed:

New Year's Eve (Closes at 12 noon)  
New Year's Day  
Easter Sunday  
Memorial Day  
Juneteenth  
Independence Day  
Labor Day  
Thanksgiving Day  
Christmas Eve  
Christmas Day



# If You Plant Them, They Will Come!

Writer: Paul Redeker • Photographers: Paul Redeker & Candice Lenney



'Tis the season for creepy crawlies to come alive, and, in the garden, there are combinations of plants that will make a strong impact on attracting the right or the wrong insects. Different types of plants can invite pollinators to visit flowers that will yield a bountiful crop in your garden. Some plants give off a poor taste to pests and will keep them away. Yet, other plants will bring helper insects that prey on unwanted pests. Let's take a look!

Adding the right plant combinations to your garden can make the difference in harvesting the most plentiful crop for your family's table.

Before we follow the pests and find organic solutions, let's review the popular cool-season plant options you may have or want to plant in your garden. Winter vegetables include peas, cauliflower, spinach, beets, broccoli, carrots, onions, root crops, radish, celery, lettuce, kale, and other salad greens that you may already have growing in the garden. So, what type of companion plants might

come to mind that would help reduce insect pests' damage or bring in beneficial pollinators?

Marigolds are one of my favorite plants not only to brighten a space with bold orange and yellow colors but also attract beneficial creatures like ladybugs, hoverflies, and praying mantes. Marigolds also contain a natural repellant towards aphids, thrips, whiteflies, mosquitoes, and tomato hornworms. A feasible home remedy for mosquito control, according to [mosquitoreview.com](http://mosquitoreview.com), is that you can pour marigold oil onto standing water to kill mosquito larvae. I have got to try that one!



Lavender contains essential oils and gives off a wonderful fragrance. It is said that lavender can help repel moths, fleas, flies, mosquitoes, and possibly slugs from strawberries or other nearby vegetables. Lavender attracts bees and butterflies which make excellent pollinators. A sunny location is best to plant lavender where established plants will tolerate both drought and heat. Plant lemon grass if you want to try creating your own home remedy for a mosquito repellent. Boil some lemon grass blades in water and marinate the now yellow leaves overnight. Pour into a spray bottle for an all-natural skin application alternative. ([www.housedigest.com](http://www.housedigest.com))

**Fun fact:** Although all mosquitoes feed off nectar-providing, flowering plants, if you get bit by a mosquito, it will undoubtedly be a female as only female mosquitoes need blood to nourish their eggs. Oregano also has mosquito repellent qualities along with repelling Cucumber beetles and Cabbage moths. Oregano is a popular herb from the mint family that can attract bees, butterflies, and predatory wasps but are susceptible to aphids, spider mites, and leafhoppers. Consider also planting garlic, chives, or onions to protect from these same insects.

The insect world is so complex and can easily be overwhelming. These are just a few examples of how companion planting can make a difference. Just the tip of the iceberg into the companion plant and insect world. These

examples may inspire you to test and explore what can work for you. At the end of the day, enjoy knowing that you are doing your part towards a chemical-free world for us all to live in.





## Youth Education

### Wildlife Defender Loves Her Bats!

Wildlife Defender is a Ms. Smarty-Plants™ and Friends Earth Hero dedicated to the protection of all living creatures! One of her favorite mammals BATS! Did you know bats are the only mammals that can truly fly?

In San Diego there are 23 different species (types) of bats. One of them is the Mexican free-tailed bat (sometimes called the Brazilian free-tailed bat), and it has great adaptations; short fur and long narrow wings that allow them to fly really fast. They are called the "jets" of the bat community and are the fastest bats in the world!



**Fall Vocabulary Word**  
**Nocturnal – occurs or active at night**

### Cool Bat Facts:

- 🦇 Bats eat a lot of bugs, especially mosquitoes, AND pollinate plants!
- 🦇 Most bats are small, only 3-6 inches.
- 🦇 There are more than 1,300 species of bats in the world!
- 🦇 Some bats use echolocation, or high-pitched chirps which bounce off objects in front of them, to find their way in the dark.
- 🦇 Bats have special tendons in their feet that hold on tight while they sleep and relax.

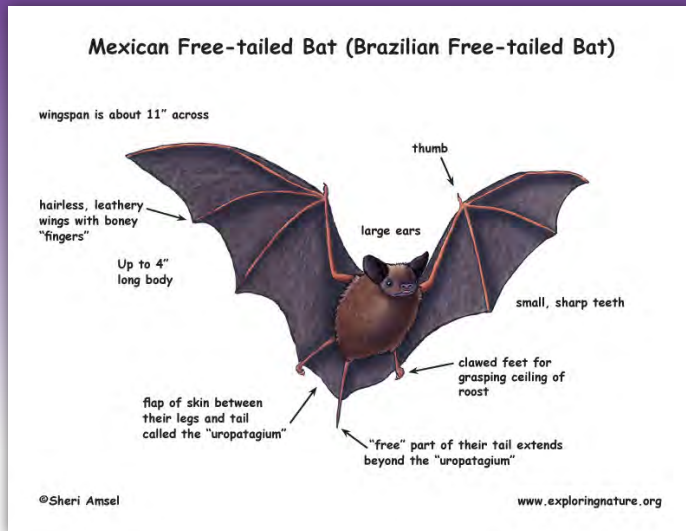




## Support Your Local Bats!

- Go outside at dusk, just as the sun is setting, and watch for bats—this is when they start their day. If you see something that looks sort of like a bird but is flying fast and in a jerky pattern, it's probably a bat.
- Make a "bat house" with your adults. You might be surprised: bats don't always live in caves. Many spend summers in trees, under bridges or in old buildings. Check out the National Wildlife Federations on building instructions for bat boxes, [www.nwf.org](http://www.nwf.org).

#MSPEarthHeroes #EarthHero



### JOKE OF THE DAY!

What do you call a nocturnal bug?

A night crawler!

## Volunteers Dig Us!

Do you love nature and the outdoors? Volunteer or be an intern with our Garden and education programs, and be a part of worthwhile contributions to the community. Sign up to intern at [MsSmartyPlants.org](http://MsSmartyPlants.org) or join our fun and active group of docents/volunteers at [TheGarden.org/volunteer](http://TheGarden.org/volunteer).



For more information about Ms. Smarty Plants™ or to donate to The Garden's education programs, visit [MsSmartyPlants.org](http://MsSmartyPlants.org)

## Ms. Smarty-Plants™ Goes Batty!



Saturday, October 21

Trick-or-Treat trails, a fun Halloween show with Ms. Smarty-Plants™, and animal encounters.  
\$8 Members / \$10 General / \$12 At The Door.  
See you there!

Fall 2023 • 4



# GARDEN CALENDAR

Online Seasonal Calendar



Scan code!



## Fall 2023



### Native Landscaping Workshop

*Saturday, Oct 21, 10am-12pm (FREE)*

The Garden shares the importance of planting with natives simplified for home gardeners. Workshop location at La Mesa Community Garden at MacArthur Park.



### Healthy Halloween at The Garden

*Thursday, Oct 26, 9am-6pm (FREE)*

Enjoy a Healthy Halloween and free admission to The Garden courtesy of the Grossmont Healthcare District. Drop by any time to enjoy some healthy fun.



### Hillside Planting

*Saturday, Nov 4, 10-11am (FREE)*

Diane Kennedy presents beautiful solutions for planting on a slope or hillside found in the neighborhoods of San Diego County. Sponsored by the County of San Diego.



### New Member Breakfast

*Wednesday, Nov 8, 8:30-10:30am (FREE)*

The New Member Breakfast is for members who have recently joined The Garden. Learn about membership benefits and discounts with participating nurseries.



### Veterans Day Flag Raising

*Saturday, Nov 11, 8:00am (FREE)*

This Veterans Day join us as we honor our veterans for their bravery and service to our country! Coffee, doughnuts, and admission are FREE!



### Fall Plant Sale

*Saturday, Nov 11, 9am-2pm (FREE ADMISSION)*

Celebrate all that fall has to offer, honor our Veterans, and buy a plant at the Fall Plant Sale. Fall is the best time for planting so come shop with us!





### Solutions for Hillside on Zoom

*Saturday, Nov 11, 12-1pm (FREE)*

Diane Kennedy will offer tips for planting on your slope or hillside, along with what not to do. Sponsored by the County of San Diego.



### Magnolia Wreath Workshop

*Saturday, Dec 2, 10am-12pm (Member \$45 / General \$50)*

Join LeeAnna Yater in creating your own beautiful holiday wreath using magnolia leaves and other dried materials. All materials are included.



### Very Merry Garden with Ms. Smarty-Plants™

*Saturday, Dec 9, 5:30pm-8pm*

(\$5 Kids 12-year-old & under / \$11 Adults)

Celebrate holiday fun with the fantastic Ms. Smarty-Plants™ at her KIDS ONLY "Everything's a \$1.00" Pop-Up Shop, ornament making, a bubble dance, and much more!



### Landscape Design Consultation

*Monthly Appointments In-person and on Zoom*

(\$70 Members / \$85 General / \$50 Pre-Professional)

Want to change your landscape and don't know where to start? Let our Landscape Design Consultations put you at ease. To schedule an appointment, email [Mitch@thegarden.org](mailto:Mitch@thegarden.org).

## WELLNESS AT THE GARDEN

Free weekly Wellness Classes: Gentle Flow Yoga, Workout Wednesday, "Sloth" Yoga, Chair Yoga, Gentle Yoga, Evening Flow Yoga, Fitness Friday, Chi Yoga, Hatha Yoga, Garden Tours • Exclusive access to Master Classes • Discounted Garden Yoga Retreats  
Basic Membership Drop-in \$10, General \$18. Visit [TheGarden.org](http://TheGarden.org) for a full schedule. Any changes are posted on Social Media.

THE garden

## MIND & BODY

Robyn Smith Taylor  
October 14

Jon Freeman  
November 11

Shiria de Magalhães  
December 9

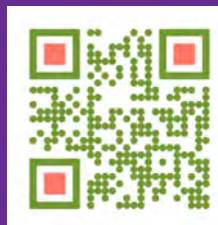
## Master Class

SECOND SATURDAYS 9:30AM

### Holiday Mindfulness Tuesday, Dec 12, 9-10am

Led by Laurie Hallihan, certified teacher trained at UC San Diego's Center for Mindfulness, this class will focus on mindful communications and embracing the holiday spirit without the holiday stress and anxiety. Free Wellness Members / \$10 Garden Members / \$18 General (includes admission)

### WELLNESS



Scan for Details!





## GIVING BACK IS AS ESSENTIAL AS WATER

The American Water Charitable Foundation believes in the importance of being a good neighbor and good steward of the environment. Supporting and enhancing the communities where we live, work, and operate is part of who we are. In everything we do, we look to make a meaningful, long-term impact in communities served by American Water, and one of the ways we do this is by supporting organizations like **The Water Conservation Garden**. Thank you for all that you do for the residents of Southern California!



CALIFORNIA  
AMERICAN WATER



AMERICAN WATER  
CHARITABLE FOUNDATION





## Change happens step by step.

It's easy to talk about making a difference, but meaningful change requires getting involved and doing the work. That's why we're proud to partner with individuals, organizations and communities that are creating a brighter future for us all. Visit [usbank.com/access](https://usbank.com/access) to learn more today.

U.S. Bank is proud to support the Water Conservation Garden.

El Cajon Branch  
490 Fletcher Parkway | El Cajon, CA 92020-2508



"World's Most Ethical Companies" and "Ethisphere" names and marks are registered trademarks of Ethisphere LLC.  
Member FDIC. ©2023 U.S. Bank 926804 3/23



# DONOR RECOGNITION



## JOINT POWERS OF AUTHORITY



## DONORS

June 2023 - August 2023

\$5,000+

Timo Luostarinen

## CORPORATE & FOUNDATION *Partners*

Anonymous  
Barona Resort & Casino  
California American Water  
California Natural Resource Agency  
County of San Diego  
County of San Diego – Department of Public Works  
Dr. Seuss Foundation  
Grossmont Healthcare District  
Hunter Industries  
Hunter's Nursery  
Metropolitan Water District of Southern California  
Rotary of El Cajon

San Diego Gas & Electric  
San Diego Foundation  
San Dieguito Water District  
SPRITES of East County  
State of California, Department of Water Resources  
Sycuan Casino Resort  
The Conrad Prebys Foundation  
The Rice Family Foundation  
Union Bank  
Walter J. & Betty C. Zable Foundation  
Wheelhouse Credit Union

## NEW MEMBERS

June 2023 - August 2023

Sheri-Ann Adams  
Luke & Theresa Andreen  
Lenore Aspinall  
Jill & Leonard Baker  
Laura Ball  
Joel & Allison Bingham  
Joe Bishop  
Rita & Frank Bunch  
Maria Butler  
Lupe Celedon  
Joe & Lauren Chaffee  
LoReece & Marques Chisholm  
Janice Cook  
Ximena Cornejo  
Linda Farmer-Francis  
Katia & Laura Fernandez  
Lulu Flatt  
Joy Floro

Sally Folkes  
Marschele Friend &  
Jai Manosalva  
Marie Antoinette Gagliardi  
Owen Gaut & Chloe Cleppe  
Josef & Shari Goltzer  
Jon Goux & Kristine Creveling  
Sandy Gray & Joann Hofelich  
Deborah Haynes  
Elaine & David Heller  
Jessica & Priscila Hersey  
Karla Hisatomi & Izaiah Jones  
Jesus Holbrook  
Michael Horvath  
Arnie Huerta & Anne Alicbusan  
Adi Hull & Aja Newsome  
Kristen Hurst & Michelle Wasson  
Robert & Judy Jenson

Sandra Jones  
Alicia Justo  
Brett & Tim King  
Michael Leon & Marie Krouse  
Marisa Lowe & Francis Driscoll  
Lena Matte & Lubna Marogy  
Carmen McArthur  
Taylor & Colt McKittrick  
Kathleen & Stoney Middleton  
Freshta Nejati & Richard Estrada  
Carol, Kevin, & Katrina Newman  
& David Diamond  
Barbara & Rod Norsen  
Nicholas Oliva & Florence Esmele  
William Orton & Ana Lila Payne  
Anthony & Rosemarie Palestini  
Laura & Dean Precoda  
Christopher & Megan Racicot

Lisa Schrader & Paula Hogan  
David Serrano & Maine Reyes  
Ruth & Nathaniel Sevilla  
Connie Simpson  
Teallia & Amelia Singleton  
Isaiah Smith  
Vijaya Srinivasan  
Connie & Calla Stuart, Elizabeth  
Myape & Leilani Lechner  
Barbara Summy  
Marc & Nuria Tannenhaus  
Tom & Linda Unger  
Greg Williams  
Nelson & Sandra Wright  
Carlito Yambao  
Linda Yost



UP TO **3%**  
.00  
APY\*

San Diego's Leader in  
**High-Yield  
Checking**



Earn dividends on your average daily balance with

# INSPIRED CHECKING

**619-297-4835**  
WheelhouseCU.com

\*APY = Annual Percentage Yield. Rates effective as of 08/11/2023 and are subject to change without notice. The minimum average daily balance required to receive the rate of 3.00% is \$75,000. Inspired Checking is a variable rate account. Rate and yield are subject to change without notice. Other terms, conditions, and restrictions may apply. Membership required. If requirements are not met and maintained, account will be converted to a Basic Checking Account.



# Perennial Party

## THANK YOU!

### SPONSORS



Richard Wright

Rosalie Dosik



Crown Computers



### AUCTION DONORS

Belmont Park  
Cygnet Theatre Company  
Del Mar Thoroughbred Club  
Flagship Cruises  
Hatfield Ranch Vineyards & Winery  
Japanese Friendship Garden  
La Jolla Historical Society  
Mingei International Museum  
Mission Trails Golf Course

Museum of Tolerance  
MyPoint Credit Union  
Pala Casino  
Rosalie Dosik  
San Diego Air & Space Museum  
San Diego Automotive Museum  
San Diego Botanic Garden  
San Diego Chinese Historical Museum  
San Diego History Center

San Diego Model Railroad Museum  
San Diego Natural History Museum  
Snooze an AM Eatery  
Steele Canyon Golf Course  
Sycuan Casino Resort  
The Famous Old Julian Café & Bakery  
The Ranch at Laguna Beach  
Wheelhouse Credit Union

### MESSAGE FROM THE EXECUTIVE DIRECTOR

Thank you for supporting The Water Conservation Garden. Philanthropy is critical to the success of an organization for so many reasons. The obvious one is securing the financial future of The Water Conservation Garden. We have big goals to expand water conservation education even further into the San Diego community and beyond. This is more important now than ever with the rising costs of water and worldwide climate change. The Water Conservation Garden has already had a huge impact on changing behaviors by focusing on the importance of conserving water and other natural resources. Together we are change agents for the better.





12122 Cuyamaca College Drive West  
El Cajon, CA 92019

Tel: (619) 660-0614

Fax: (619) 660-1687

TheGarden.org

**Garden Members** - Join or renew your membership today!

Visit [TheGarden.org/membership](https://TheGarden.org/membership)



### **VOLUNTEER DOCENT 2-DAY TRAINING**

Mondays, October 23 & 30  
8:30am - 12:30pm

Join The Garden's Volunteer Docent team! Come dig in the dirt, work an event, lead a tour, meet and greet Garden guests, or a myriad of other opportunities. We have a place for you!

**REQUIRED:** A Volunteer Application must also be submitted.

Learn more: [TheGarden.org/volunteer/](https://TheGarden.org/volunteer/)

**THE garden NURSERY SPOTLIGHT**

# Rancho Valhalla Nursery

1998-A E. Chase Avenue, El Cajon, CA 92020

**10-15% Garden Member Discount**  
must present a valid membership card

SCAN ME

**THE FOLLOWING NURSERIES PARTICIPATE IN OUR MEMBERSHIP DISCOUNT PROGRAM.**

- \* Anderson's La Costa \* Barrels & Branches Nursery \*
- \* Cuyamaca College Depart. of Ornamental Horticulture Nursery \*
- \* El Platio & Landscaping \* Hunter's Nursery \*
- \* Kniffing's Discount Nursery \* The Madd Potter \*
- \* Mission Hills Nursery \* Rancho Valhalla Nursery \*

Learn more about The Garden's great member benefits:  
[www.TheGarden.org](https://www.TheGarden.org)