

A woman is shown in a yoga pose, sitting on a mat with one leg bent and the other extended, her right arm raised. She is positioned in the center-left of the frame. The background is a sunset scene with a warm orange and yellow sky. There are trees and bushes on the left, some with string lights. On the right, there are more plants and a small stream or pond. Several small lanterns are placed on the ground, casting a soft glow. The overall mood is peaceful and serene.

# The Season of Letting Go

Evening Yoga Retreat at the Water Conservation Gardens



Saturday, Sept. 19th | 4:30 PM to 8:00 PM | Hosted by Lisa McKenna